

# COMMUNITY CONNECTIONS

Winter 2011

Continuing Education!

Personal Enrichment!



FLINT HILLS  
TECHNICAL COLLEGE

Experience | Success

# COMMUNITY CONNECTIONS

## **Continuing Education at FHTC:**

**Courses and programs dedicated to your personal and professional development.**

Whether you're looking to learn a language, get in shape, develop as an artist, meet people, explore ideas, expand your culinary repertoire, become computer savvy, or pursue professional or personal growth opportunities, you'll find something at Flint Hills Technical College.

### **Three Easy Ways to Enroll:**

**Online:** <http://flinthills.augusoft.net>

**On the Phone:** (620) 341-1392

**On Paper:** Simply fill out the form on the back of this catalog and return it with your payment.

### **Give the Gift of Lifelong Learning**

Community Connections gift certificates make the perfect gift for any occasion! From sushi to Spanish and Microsoft to meditation, you're sure to find something for everyone on your list. For more information, please call Amy at 341-1392.

### **Teach at FHTC**

We are always looking for new courses and instructors. If you have an idea for a class, lecture, or workshop, please contact Rachael at (620) 343-4600 ext. 1372, or email her at [rleclear@fhtc.edu](mailto:rleclear@fhtc.edu). You may also download our instructor proposal form at <http://flinthills.augusoft.net>. We appreciate your interest in working with FHTC Business & Industry Training Center!

### **Note:**

All classes held at **FLINT HILLS TECHNICAL COLLEGE**, 3301 W. 18th Ave., Emporia, KS, unless otherwise noted. Advanced registration is required for all Community Connections classes.

# COMMUNITY CONNECTIONS

## ARTS & CRAFTS

### Intro to Art Therapy

**Instructor:** Kirk Chaussee  
**Cost:** \$59  
**Schedule:** Mondays, January 10-31, 7:00-9:00 PM

Turn your feelings or dreams into something you can understand. We will be discovering new ways to recognize and deal with hidden dreams or feelings through a concrete use of your inner self. Every picture tells a story – what's yours?

### Intro to Digital Photography

**Instructor:** Michael Bird  
**Cost:** \$59  
**Schedule:** Tuesdays, January 11-February 1, 6:00-8:00 PM

This class will teach basic operation of the digital camera as well as the technical aspects of camera use. Assignments are designed to teach camera functions with an emphasis on developing an artistic eye through photography. Topics include: shutter speed, depth of field, framing, and portraiture. In class we will have student presentations followed by class discussions. By the end of the term, students will have a better understanding of digital photography and how to create a photograph with their own style. Students must provide their own digital camera with manual settings.

### Daisy Bouquet Arranging

**Instructor:** Paula Roper  
**Cost:** \$14  
**Schedule:** Wednesday, January 12, 7:00-8:00 PM

Paula Roper of Paula's Creations will teach you not only how to make a beautiful bouquet of daisies, but also how to tie a bow to accompany the floral arrangement. Each participant will take home a basket arrangement of assorted daisies with bow.  
**Registration deadline: January 10!**



### Wool Felted Jewelry

**Instructor:** Barb Say  
**Cost:** \$39  
**Schedule:** Monday, January 17, 7:00-9:00 PM

Felt, one of the earliest of textiles, is strong, resilient, versatile and warm. In this class we will learn about wool and how you can take wool fleece, water, soap, and elbow grease to felt wool into a flower for a unique brooch and beautiful beads. All supplies provided (be prepared to get a little wet!).

### Treat Bags & More

**Instructor:** Darcy Johnson  
**Cost:** \$15  
**Schedule:** Saturday, January 29, 1:00-4:00 PM

Join us to learn simple ideas to make treat bags while incorporating rubber stamping. You will leave with four completed projects. The ideas are great to use for school parties, to give to someone at the office, or for any group you belong to. Children ages 10 and up are welcome. **Registration deadline: January 22!**

### Functional Art

**Instructor:** Kirk Chaussee  
**Cost:** \$59  
**Schedule:** Thursdays, February 3-24, 7:00-9:00 PM

Learn how to create functional art. Bring an old chair, small table or stool and we will learn techniques for priming and painting a design of your choice onto the piece of furniture.

### Shibori Dyed Silk Scarves

**Instructor:** Barb Say  
**Cost:** \$39  
**Schedule:** Monday, February 7, 7:00-9:00 PM

We will dye two silk scarves in beautiful fall colors. Using the Japanese technique of Shibori dyeing, you will make one of a kind scarves perfect for you or as a great gift. All supplies provided.



### Knitting for Beginners and Refreshers

**Instructor:** Ellen Hansen  
**Cost:** \$79  
**Schedule:** Saturdays, February 5-26, 9:00 AM-12:00 PM

Designed for both absolute beginners, as well as those whose needles may be a little rusty, this projects course will get you knitting in no time! After choosing the right yarn for your project, we'll learn basic knitting techniques, how to read a pattern, and then we'll get started on a project!

## CULINARY ARTS

### Mixology 101: Martinis

**Instructor:** P.J. Stephenson  
**Cost:** \$39  
**Location:** Town Royal, 405 Commercial St.  
**Ages:** 21 and over; ID required  
**Schedule:** Thursday, January 27, 7:00-8:30 PM

**Mix-ol-o-gy** \mɪk-'sɑ-lə-jē), *noun*:  
the art or skill of preparing mixed drinks.

The first course in this series will focus on the art and science behind the perfect martini. Up or on the rocks? Dry or dirty? Or perhaps with a twist? Join guest bartender P.J. Stephenson for a demonstration of a variety of martinis, from the classic to the exotic. You will learn not only how to choose the best ingredients for your beverages, but also techniques to serve them, such as building, layering, and rolling. We will also cover the tools of the trade, how to create beautiful and delicious garnishes, and much more! Sponsored by Town Royal. **Advanced registration required; no entry at the door.**

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## Know Thy Beer

**Instructors:** Rick Becker and Anthony Hartman  
**Cost:** \$39  
**Location:** 1119 Rural St.  
**Ages:** 21 and over; ID required  
**Schedule:** Wednesdays, Feb. 2 & 9, 7:00-9:00 PM

"Beer is proof that God loves us and wants us to be happy." ~Benjamin Franklin

Join us in this course for a journey through the history of beer and its origins in America, an education in the various types of beer and how they are best paired with food, and finally, a sampling of the beers discussed in class. Designed to please both the beer novice as well as the aficionado, Know Thy Beer will not disappoint! Sponsored by King Liquor.

## The Perfect Cheesecake

**Instructor:** Amy Becker  
**Cost:** \$19  
**Schedule:** Monday, January 24, 6:00-7:00 PM

The perfect cheesecake has both silkiness and a characteristic texture. For a novice baker this dessert can seem intimidating, but it's very achievable. Spend one hour and learn the tricks to making a perfect cheesecake that will make your guests envious of your master skills!

## PERSONAL INTEREST

### Start Your Own Business

**Instructors:** Rob Gilligan, Mary Helmer, and Lisa Brumbaugh  
**Cost:** \$220 (2 credit hours)  
**Schedule:** Tuesdays & Thursdays, February 15-March 17, 6:00-9:00 PM

Brought to you by Emporia Main Street, this program will provide entrepreneurs the business skills to start and grow their own business. This course teaches and shows you the resources and skills necessary to succeed. You will also meet key local leaders and subject-matter-experts in all areas important to starting your own business. Since the first class in 2007, this course has assisted in the development of eleven new local businesses.



### Conversational German

**Instructor:** Siegmar Goede  
**Cost:** \$59  
**Schedule:** Tuesdays, February 15-March 8, 6:30-8:30 PM

Guten Tag! Whether for travel, business or personal development, this course is the perfect introduction to the German language! Explore the basics of understanding and speaking German with native speaker Siegmar Goede. Special emphasis will be placed on useful phrases and vocabulary for everyday situations. Required text: German Made Simple.

### Social Media for Businesses

**Instructor:** Casey Woods  
**Cost:** \$29  
**Schedule:** Tuesday & Thursday, February 8 & 10, 6:00-7:30 PM

You want to bring your marketing plan into the 21st century, but you're not sure where to start. Should you start tweeting? Perhaps make a Facebook page? Text COUPON to 22522? (And what does that even mean??) Or maybe just stick with good old fashioned email? In this class, you'll learn about the most popular online marketing venues, how to use them, and which ones will bring you the best results.

### Wedding Planning 101

**Instructors:** Amanda Mendoza & Staci Sull  
**Cost:** \$15  
**Schedule:** Monday, Feb. 21, 6:30-8:30 PM

Learn to plan your wedding with ease and less stress! From etiquette to tips and tricks, you will learn from the pros and find local resources to fit your budget and your style.

### Crystal Healing & the Chakra System I

**Instructor:** Elizabeth Locey  
**Cost:** \$19  
**Schedule:** Thursdays, Jan. 20 & Feb. 3, 7:00-9:00 PM  
**Location:** Session 1: FHTC; Session 2: 1017 Rural

Have you ever wondered what your yoga instructor was talking about when she mentioned chakras? In this workshop you will be introduced to the chakra energy system and the principles of crystal healing. Included in the course price is your own set of crystal chakra gemstones!

### Crystal Healing Workshop II

**Instructor:** Elizabeth Locey  
**Cost:** \$29  
**Schedule:** Thursdays, Feb. 17 & 24, 7:00-9:00 PM  
**Location:** 1017 Rural

In this course, we will continue learning about crystal healing and special formations. Each student will take home a sacred Tibetan black quartz, which carries a strong om vibration and creates a bubble of light around it. Prerequisite: Crystal Healing & the Chakra System I or instructor approval.

## HOME & GARDEN

### Winter Gardening

**Instructors:** Bill Hanlon and Bill Ihling  
**Cost:** Free!  
**Schedule:** Tuesday, February 8, 6:00-8:30 PM

Learn how to have a vegetable garden all through the winter. Harvest lettuce, spinach, carrots and beets every month of the winter. Join FHTC's Bill Hanlon and Farmers' Market grower Bill Ihling who will demonstrate a variety of cold frame designs and growing tips that will help you to grow a great winter garden. Winter gardening is easy and takes very little time. Come and learn the key elements to this simple gardening method and enjoy fresh veggies all winter! This course is made possible by the Emil Babinger Charitable Trust.

### Introduction to Permaculture Design

**Instructor:** Ben Stallings  
**Cost:** \$5  
**Schedule:** Saturday, January 15, 9:00 AM-4:00 PM

How would you like to have a garden that maintains itself? A home that harvests light, heat, wind, and rain instead of just resisting them? A workplace where people are engaged and fulfilled? Permaculture is a holistic approach to designing sustainable human settlements that mimic natural ecologies. In the morning, you will be introduced to ecological principles and learn how to apply them to your garden, home or workplace. In the afternoon, you will use what you've learned to create a design for your (or a friend's) garden, home, or workplace, and

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receive constructive feedback from the other students and the instructor. You will leave seeing the world through new eyes! Please bring pencils and paper for taking notes and sketching; larger paper and markers will be provided. This course is made possible by the Emil Babinger Charitable Trust.

## COMPUTER TECHNOLOGY

### Social Networking 101: Facebook for Beginners

**Instructor:** Rachael LeClear

**Cost:** \$29

**Schedule:** Wed. & Thurs., Jan. 12 & 13, 5:00-6:30 PM

Facebook is a great way to keep in touch with friends and family members, as well as to meet new people with common interests. In this class, you will set up your very own Facebook profile and learn everything you need to know to be a safe and savvy Facebook user!

### Microsoft Word 2007 Fundamentals

**Instructor:** Julie Cooper

**Cost:** \$89

**Schedule:** Tues. & Thurs., Jan. 25 & 27, 6:00-9:00 PM

Designed to give proficiency in creating, opening, formatting, saving, and printing a document. Explore how to edit documents and automate tasks. Format text, characters, and paragraphs. Create tables, control page layout and use proofing tools. Prerequisite: Knowledge of Windows, keyboard and mouse.

### Microsoft Word 2007 Intermediate

**Instructor:** Julie Cooper

**Cost:** \$89

**Schedule:** Tues. & Thurs., Feb. 8 & 10, 6:00-9:00 PM

Explore more advanced Word features and functions, such as creating columns and sections, formatting tables, importing table data, applying styles, adding headers and footers, using the drawing canvas, and creating templates. Prerequisite: Word Fundamentals or comparable knowledge.

### Microsoft Excel 2007 Fundamentals

**Instructor:** Julie Cooper

**Cost:** \$89

**Schedule:** Tues. & Thurs., Feb. 22 & 24, 6:00-9:00 PM

Designed for students with limited Excel experience. During the class students will learn the parts of the Excel Window and how they operate. Gain proficiency with entering and editing data, modifying a worksheet, inserting graphics including pictures, charts and smart art. Work with basic functions.

### Microsoft Excel 2007 Intermediate

**Instructor:** Julie Cooper

**Cost:** \$89

**Schedule:** Tuesday & Thursday, March 8 & 10, 6:00-9:00 PM

Designed for students with a fundamental knowledge of Excel. Learn how to format spreadsheet information. Work with formatting charts and other graphics. Learn to enter formulas to produce the information you need.

### Microsoft Access Fundamentals

**Instructor:** Don Eusey

**Cost:** \$89

**Schedule:** Tuesday & Thursday, February 15 & 17, 6:00-9:00 PM

Designed for the students with limited Access experience. Learn the dynamics in setting up a database including tables, queries, forms and reports. Prerequisite: Knowledge of Windows, keyboard and mouse.

**Advanced Microsoft Office classes are offered on demand, so please let us know if you're interested! Call Amy at 341-1392 to be notified of the next upcoming classes.**



**Sustainable Living Center**  
@ Flint Hills Technical College

Providing Green Building & Sustainable Development Training

### Sustainable Agriculture Workshop

**Instructor:** Bill Hanlon and friends

**Cost:** \$5

**Schedule:** Feb. 23, 9:00 AM-2:00 PM

Designed for vo-ag programs and open to the entire community, this workshop will provide an introduction to various types of sustainable agriculture practices. Discussion topics will include high tunnel greenhouses, intergenerational farm transitions, grass-fed beef, range management, developing markets for organic grain production, and more! Please join us for an informative day focused on the future of the family farm in Kansas. This workshop is made possible by the Emil Babinger Charitable Trust.



### Wind and Solar Mini-Conference

Coming on March 12! To be notified when more information about this event is available, please contact Amy Becker at 620-341-1392.

### Building Technology for Energy Efficient Homes

**Instructor:** Bill Hanlon

**Cost:** \$106 for one credit hour; \$16 for book

**Schedule:** Saturday, January 29, 8:30 AM-4:30 PM

In this course, you will discover what green building really means. Topics will include energy efficient design for framed structures, alternative building systems and products, the Energy Star program, and a tour of the energy efficient home being constructed.

### Eco-Friendly Remodeling

**Instructor:** Bill Hanlon

**Cost:** \$25

**Schedule:** Tues. & Wed., Feb. 22 & 23, 6:30-9:00 PM

Green building is the wave of the future, but what about that fantastic 1920s bungalow that you love so much? In this class, you'll learn about remodeling methods and materials that will allow you to turn that old house into an environmentally friendly masterpiece without sacrificing style (or your pocketbook!). Topics will include, but not be limited to, energy efficiency, mold reduction and prevention, and green products that will make your dwelling a safer, healthier place to live.

### Winterization for Comfort and Energy Efficiency

**Instructor:** Bill Hanlon

**Cost:** \$25

**Schedule:** Tues. & Wed., Jan. 18 & 19, 6:30-9:00 PM

This class is designed to help the homeowner learn many small ways to decrease the energy costs of everyday living as well as the cost of winter gas bills. Topics will include finding voltage losses with a meter, products and techniques to help offset energy usage, and much more!



## **LEARN ONLINE:** **SEWING, TAILORING, AND CLOTHING CONSTRUCTION I & II** **PATTERN DRAFTING I & II**

Beginner, intermediate, and advanced sewers are all welcome to learn how to sew from the Master Tailor-Designer Eric W. Stiles Sr., former top Supervisor and Head Tailor-Fitter for Giorgio Armani, Polo Ralph Lauren, Marshall Fields, Bigsby & Kruthers and others.

In the Sewing, Tailoring, and Clothing Construction class, you will learn some of the special techniques that the top European and domestic designers use in their clothing construction, fitting, and pressing. Learn how to sew like a professional!

In the Pattern Drafting class, you will learn the formulas used to draft patterns from beginning to end for ready-to-wear, custom garments. Product and development, a procedure used to help designers improve and complete their patterns, will also be taught. Stop wasting time and money and

using commercial patterns! Learn to make your own, and start designing your own line of clothing that will fit and enhance your body.

No sewing experience is required. A materials list will be provided on the first day of class. Materials are not included in the cost of the course, but the materials purchased for the first class will last through additional classes. You will need a sewing machine at home. Courses are delivered online in video format. Each course will continue from where you left off, teaching you additional techniques in sewing and designing.

More information at [www.ewsacademy.org](http://www.ewsacademy.org),  
or email [ewsacademy1802@ewsacademy.org](mailto:ewsacademy1802@ewsacademy.org).

These courses are not eligible for discounts or gift certificates.

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### **Sewing, Tailoring, and Clothing Construction I: Machine Stitching, Seam Construction and Watch Pockets**

Schedule: 4 sessions, 1 hour each, starting February 1.

Cost: \$48

### **Pattern Drafting I: Skirts**

Schedule: 4 sessions, 1 hour each, starting February 1.

Cost: \$48

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### **Sewing, Tailoring, and Clothing Construction II: Hand Stitching, Quarter Top and Side Pockets**

Schedule: 5 sessions, 1 hour each, starting March 1.

Cost: \$60

### **Pattern Drafting II: Pants**

Schedule: 5 sessions, 1 hour each, starting March 1.

Cost: \$60

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# **ADOBE CS5 FUNDAMENTALS**

## **Adobe Photoshop Fundamentals**

**Instructor: Michael Bird**

**Cost: \$79**

**Schedule: Tuesdays, Feb. 8-22, 6:00-9:00 PM**

This introductory course will help the beginning photo-editing student learn basic concepts and the methods used to correct and enhance images. Participants will discover several ways in which Photoshop can be used to make creative, original compositions. Learn from a combination of lecture and interactive, hands-on experience through a series of projects designed to give you insights into the wonderful program that is Adobe Photoshop!

## **Adobe InDesign Fundamentals**

**Instructor: Michael Bird**

**Cost: \$79**

**Schedule: Tuesdays, Mar. 1-15, 6:00-9:00 PM**

Learn the ins and outs of the world's premiere graphic design and desktop publishing software! In this course, you will learn how to make sharp, multi-page documents with InDesign, the way the professionals do it. Learn from a combination of lecture and interactive, hands-on experience through a series of projects designed to give you insights into the wonderful program that is Adobe InDesign!

## **Adobe Illustrator Fundamentals**

**Instructor: Michael Bird**

**Cost: \$79**

**Schedule: Tuesdays, Mar. 29-Apr. 12, 6:00-9:00 PM**

We'll cover Adobe's amazing Illustrator application as we teach you to master and unlock the secrets of the application's intimidating pen tool, 3D effects and more! Learn from a combination of lecture and interactive, hands-on experience through a series of projects designed to give you insights into the wonderful program that is Adobe Illustrator!

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### **SPECIAL DEAL: All Three Adobe CS5 Fundamentals (Plus Dreamweaver!)**

**INSTRUCTOR: MICHAEL BIRD | COST: \$199 | SCHEDULE: TUESDAYS, FEB. 8-MAY 3, 6:00-9:00 PM**

Get all of the instruction of the three individual Adobe classes for a special price PLUS receive an extra class in Dreamweaver CS5. Adobe Dreamweaver CS5, the industry-leading web design software, is an outstanding visual HTML editor and superb code editor. Learn from a combination of lecture and interactive, hands-on experience through a series of projects designed to give you insights into the wonderful program that is Adobe Dreamweaver! Students are best-served with at least a cursory understanding of HTML and web-authoring. Further, this class is only available to those who sign up for the rest of the complete, twelve-week CS5 Fundamentals class, and at the discounted price, you literally get the class for free!

# What does a GED<sup>®</sup> mean to you?

**Better Job, Better Pay, Better Life!**

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**Call to enroll TODAY!**



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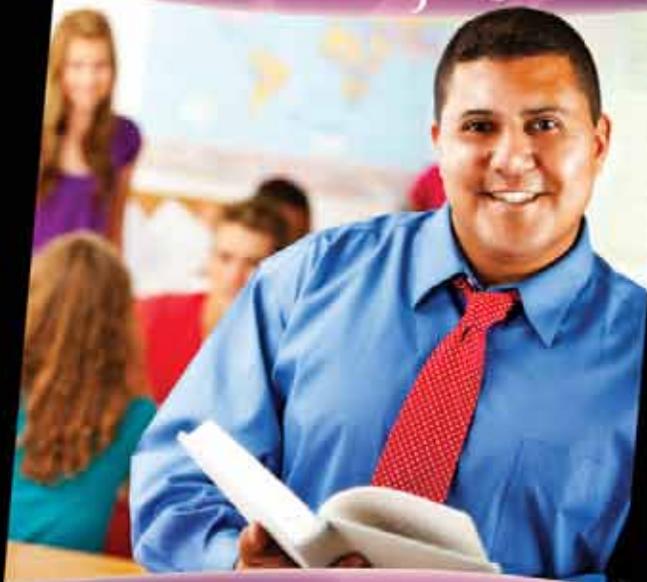
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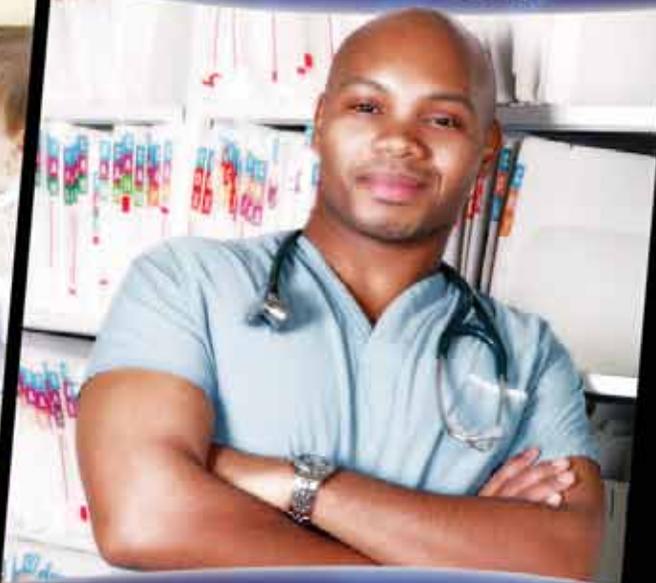
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Phone 620-343-4600  
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Toll Free 1-800-711-6947  
askus@fhct.edu  
www.fhct.edu

**Extension Campuses:**

220 Weaver Street • Emporia, Kansas 66801  
620 Constitution • Emporia, Kansas 66801

**Instructional Service Centers:**

E.S.A. Building  
702 2<sup>nd</sup> Street • Clay Center, Kansas 67432  
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Flint Hills Technical College does not discriminate on the basis of sex, sexual orientation, handicap, race, color, age, religion, marital status, or national or ethnic origin in educational programs, admissions policies, employment policies, financial aid or other college-administered programs. For questions or concerns regarding non-discrimination, contact the Director of Human Resources at 620-343-4600.

COPY AND SHARE!

## REGISTER ONLINE AT [HTTP://FLINTHILLS.AUGUSOFT.NET](http://flinthills.augusoft.net)

**Important Note:** We respect your privacy! Please visit <http://www.fhct.edu/BIC.aspx> to view our privacy and refund policies.

### ENROLLMENT (state required information)

Student Name \_\_\_\_\_

Address \_\_\_\_\_ City, State & Zip \_\_\_\_\_

E-mail \_\_\_\_\_ DayPhone: \_\_\_\_\_

### COURSE INFORMATION

Seminar/Course Name \_\_\_\_\_

Starts: \_\_\_\_/\_\_\_\_/\_\_\_\_

### COURSE FEES & PAYMENT

Tuition Costs Plus Total Fees = \_\_\_\_\_

Check payable to Flint Hills Technical College enclosed

Credit Card     Mastercard     VISA

Card# \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Card Signature: \_\_\_\_\_

PLEASE Sign me up for the monthly e-newsletter

**Phone Registration: 620-343-4600**

**Fax Registration: 620-343-4610**

**E-MAIL: [abecker@fhct.edu](mailto:abecker@fhct.edu)**

**MAIL REGISTRATION TO:**

**FHTC**

**Attn: B&I Training Center**

**3301 W. 18th Street**

**Emporia, KS 66801**

You will receive one e-mail per month or newsletter with the latest information on continuing education and customized training programs at FHTC. Your e-mail or personal information will **not** be shared with **any** third parties.